

The Recovery Puzzle

Achieving recovery and healing from pornography addiction and betrayal trauma is possible...



Recovery requires a firm commitment to healthy living:

- ✦ A willing heart
- ✦ Complete honesty
- ✦ Time
- ✦ Persistent work
- ✦ Spiritual guidance from God
- ✦ Working with a qualified therapist
- ✦ Dedication to working the 12-Steps on an ongoing basis
- ✦ Education
- ✦ Safety



S.A. LIFELINE FOUNDATION

www.salifeline.org

OUR PURPOSE: Providing individuals, couples and families hope for recovery from sexual addiction and betrayal trauma through education, supporting 12-Step recovery groups, encouraging spiritual guidance, and emphasizing qualified therapy.