

The Recovery Puzzle

Living in recovery and healing
from pornography addiction and betrayal trauma
is possible...



Recovery requires a lifelong commitment to healthy living through:

- A Humble, Willing Heart
- Complete Honesty
- Long-term Commitment to the work of Recovery
- Spiritual Connection supported by 12-Step work
- Qualified Therapy that complements 12-Step work
- Quality Education about Sexual Addiction & Betrayal Trauma
- Appropriate Boundaries and Bottom Lines to establish Safety



S.A. LIFELINE FOUNDATION

www.salifeline.org | www.sal12step.org

OUR MISSION: The mission of SA Lifeline Foundation is to provide individuals, couples and families hope for recovery from sexual addiction and betrayal trauma through:

- providing educational resources
- encouraging spiritual connection supported by 12-Step work
- emphasizing appropriate boundaries and bottom lines for safety
- recommending qualified therapy that complements 12-Step work

To find a 12-Step meeting and additional resources to work your recovery, visit sal12step.org