



S.A. LIFELINE FOUNDATION

New SAL Meeting Service Guidelines: July 2019

In continuing efforts to create a safe, effective, and recovery-based 12-step program, S.A.Lifeline Foundation will be implementing Quarterly Trainings for all SAL 12-Step Service Roles.

Those serving in the following positions: **Group Moderator, Assistant Group Moderator, & Secretary** will now be referred to as the **Key 3**. The Key 3 are voluntary service positions that rotate every 6 months. During their length of service, these Key 3 individuals oversee their individual SAL group and carry the responsibility to ensure that meetings adhere to SAL guidelines and are recovery-based.

If there is a problem or a concern in the meeting, the Key 3 should address this in a Group Conscience with their individual group. If more feedback or intervention is needed from the Foundation, Group Moderators' first point of contact is their Service Council member.

S.A.Lifeline Foundation will now be holding an online quarterly training with Steven and Rhyll C for these Key 3 members. This training will help ensure that the SAL culture is consistent as our meetings grow in number and geographical range. It is imperative that individual SAL meetings understand and exemplify the basic principles of recovery, including:

- We understand recovery through a trauma-informed lens.
- We emphasize sobriety as the foundation of recovery "Without sobriety we have nothing to offer anyone."
- Shares are recovery-based, we focus on the solution, not on the problem.
- Meetings are non-denominational. Members speak in the "I", not in the "we."

The Key 3 will be required to attend these Quarterly Trainings during their time of service. This is a great opportunity to learn in a small-group setting from the strength, hope, and experience of the S.A. Lifeline founders, as well as to build connections and community with SAL members across the world. Quarterly Trainings will be held in conjunction with the monthly Service Council meeting, so they should not add additional meetings to busy schedules.

SALF is grateful for the willingness of every individual who serves in the fellowship. As SAL 12-step grows and meetings multiply, it is the individual strength, hope, and experience of each member that will keep SAL meetings a safe and effective place to find healing and long-term recovery, one day at a time.

SALF/SAL 12-Step Organizational Structure:

Director of SAL Program (This is a Foundation position)

- Serves as a point of contact/communication between the Foundation and SAL groups
- Serves as a point of contact/support to Service Council members
- Runs GroupMe account for Service Council Members to communicate announcements from the Foundation to individual groups.
- Attends monthly Service Council & adds agenda items from the Foundation as needed

Service Council Members (These are SAL volunteers)

- Oversee 5-10 individual SAL groups
- Report back to Director of SAL Program consistently
- Serve as points of contact/support to Group Moderators
- Communicate announcements from the Foundation to Group Moderators
- Run/coordinate monthly Service Council meeting
- Attend Quarterly Training and ensure that Key 3 from individual groups plan to be at this meeting with adequate time to plan ahead.

Group Moderators (These are SAL volunteers)

- Moderate individual groups for 6 month period of time
- Report back to Service Council Members consistently
- Communicate announcements from the Foundation to individual SAL Groups
- Attend monthly Service Council meeting

Key 3 (Group Moderator/Co-Moderator/Secretary)

- Serve for 6 month period of time
- Ensure that meetings are recovery-based and adhere to SAL guidelines
- Attend Quarterly Trainings