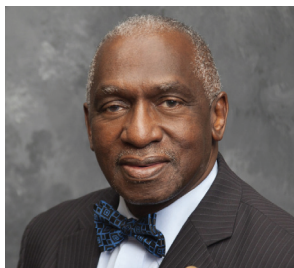


# IN THIS TOGETHER

“Healing Trauma in the Addicted & Betrayed”

## KEYNOTE SPEAKERS



**REVEREND FRANCE DAVIS**

Born and reared in Gough, Georgia. Came to Salt Lake City in 1972 as a teaching fellow and graduate student. Appointed instructor in communication and ethnic studies courses, earning a distinguished teacher award. Retired July 1, 2014 from the University of Utah as an Adjunct Associate Professor Emeritus. Since 1974, Rev. Davis has been the pastor of the historic Calvary Baptist Church of Salt Lake City. In April 2016, he reached 50 years in the ministry.



**STEFANIE CARNES, PH.D.**

President of the International Institute for Trauma and Addiction Professionals, and a senior fellow for Meadows Behavioral Healthcare where she works with sexually addicted clients and their families. She is a licensed marriage and family therapist and an AAMFT approved supervisor. Dr. Carnes is also a clinical sexologist, and certified sex addiction therapist and supervisor, specializing in therapy for couples and families.



**JAY STRINGER**

A licensed mental health counselor, ordained minister, and author of the award-winning book, *Unwanted: How Sexual Brokenness Reveals Our Way to Healing*. *Unwanted* is based on a multi-year research project on over 3,800 men and women to address the key drivers of unwanted sexual behavior, be that the use of pornography, infidelity, or buying sex.

# Welcome!

- 9:00 am** Invocation – Bryan Crockett, SA Lifeline Advisory Board Member
- 9:05 - 9:20 am** Steven and Rhyll – Welcome  
SA Lifeline Foundation Recovering Individuals Healing Families
- 9:20 - 10:00 am** Reverend France Davis – The Spiritual Nature of Recovery
- 10:05 - 11:00 am** Jay Stringer, M.Div., MACP, LMHC – Learning From Unwanted Sexual Behaviors
- 11:05-12:00 noon** Stefanie Carnes, Ph.D. – Surviving Relational Betrayal: Supporting Your Coupleship during Recovery from Sex Addiction
- 12:00 - 12:50 pm** **Lunch Break**
- 12:55 - 1:50 pm** Dr. Stefanie Carnes, Rhyll Croshaw and Tara Croshaw McCausland – How and When to Appropriately Disclose Sexual Addiction to Children
- 1:55 - 2:45 pm** Jay Stringer – Addictions: A Roadmap to Healing
- 2:50 - 3:30 pm** Amanda Christenson, MS, LMFT – Working A Trauma-Informed Recovery... Because I am Worth It
- 2:50 - 3:30 pm** Mike R. and Christine R. – “Does this Stuff Work?”  
Real Talk on How Working Steps 4-7 is Healing Our Family
- 3:35 - 4:00 pm** Question and Answer – Panel will include Steven & Rhyll, Tara, Amanda, Christine and Mike

– Thank you *Desert Solace* for providing lunch for all the volunteers. –

Salt Lake Community College • Miller Free Enterprise Center

9750 South 300 West, Sandy, UT 84070

# Thank You!

# WORKING RECOVERY TOOLS



## About This Book

This SAL book represents the experience of S.A. Lifeline Foundation and SAL 12 Step. It includes descriptions of sexual addiction and betrayal trauma and the associated work and hope for recovery. We offer our experience with the intent of giving hope and tools for long lasting recovery to those who share our challenges. This book will also provide important education and insights for those who desire to help and support those who suffer from sexual addiction and betrayal trauma.

### Contents by Section

1. Our Experience with Sexual Addiction and Betrayal Trauma
  2. The SA Lifeline Recovery Puzzle
  3. The SA Lifeline Circles Models
  4. Recovering Individuals
  5. Our Experience with Healing Families
  6. Basics of the SAL 12-Step Program
  7. SAL 12-Step Program Guidelines
  8. SAL 12-Step Meeting Readings
- SAL Book QR Code Topics



## 12-Step Daily Curriculum

(see [SAL12Step.org/#online\\_courses](https://SAL12Step.org/#online_courses))

- Gives members structure for daily step work
- Intended to support individuals as they attend SAL 12-Step meetings and work with their sponsor
- Curriculum outlines 10-20 minutes of daily reading/journaling
- Utilizes SA, AA, and S-Anon and SAL materials
- Men's curriculum represents 240 days of step work to move through the 12 Steps of recovery from sexual addiction
- Women's curriculum represents 150 days of step work to move through the 12 Steps of recovery from betrayal trauma



**65+ FREE Weekly 12-Step Meetings for Addiction and Betrayal Trauma.**  
Find your unique pathway to healing at [SAL12Step.org](https://SAL12Step.org).



**S.A. LIFELINE FOUNDATION**

Recovering Individuals • Healing Families



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“Healing Trauma in the Addicted & Betrayed”

[SALifeline.org](https://SALifeline.org)

**2021 CONFERENCE**

**SATURDAY, SEPTEMBER 18<sup>TH</sup>, 2021**