

COME HEAL WITH US

Welcome!

SATURDAY, SEPT 10, 2022

9 AM - 4 PM MST

SALT LAKE COMMUNITY COLLEGE
THE MILLER FREE ENTERPRISE CENTER

SANDY, UTAH

Doors Open at 8am, so Come Early

KEYNOTE SPEAKERS



Anna Lembke, MD

Anna Lembke, MD is professor of psychiatry at Stanford University School of Medicine and chief of the Stanford Addiction Medicine Dual Diagnosis Clinic. A clinician scholar, she is the author of more than a hundred peer-reviewed publications, has testified before the United States House of Representatives and Senate, has served as an expert witness in federal and state opioid litigation, and is an internationally recognized leader in addiction medicine treatment and education. Her book, "Dopamine Nation: Finding Balance in the Age of Indulgence" was an instant NY Times bestseller and explores how to moderate compulsive overconsumption in a dopamine-overloaded world.



**Dr. Kevin Skinner
LMFT, CSAT-S**

Dr. Skinner is the Co-Founder and Clinical Director of Addo Recovery. He is also a Co-Founder of Noble, an app based system to support therapists and their clients as they deal with mental health issues. As a licensed marriage and family therapist, he's been helping individuals and families for over 25 years. He's authored "Treating Pornography Addiction," "Treating Trauma from Sexual Betrayal", and "Treating Sexual Addiction." He's also Co-Founded Bloom (Bloomforwomen.com), an online resource for women struggling with betrayal trauma.

9:00-9:30am **Welcome & S.A. Lifeline Report**
Steven & Rhyll Croshaw,
Tara McCausland

9:35-10:40am **Keynote Speaker**
Dr. Anna Lembke

10:45-11:50am **Keynote Speaker**
Dr. Kevin Skinner

12:00-12:55pm **Lunch & Booth Time**

1:00-1:45pm **SAL | Group Break-Out 1:**
Helping Clients Understand the Big
Picture of Recovery w/ Dr. Kevin Skinner
OR Healing Families Interview: It Really
Happens w/ Justin B., Justin & Erin B.

2:00-2:45pm **SAL | Group Break-Out 2:**
Keys to Lifelong Recovery w/ Rhyll
& Steven C. OR The Synergistic
Relationship Between Therapy &
SAL 12-Step w/ Josh & Brianna W.

3:00-3:45pm **Q&A Panel**

4:00pm **Conference Concludes +
Meeting After the Meeting**