

2023 S.A. Lifeline Conference | Come Heal With Us: A Community Focus On Recovery From the Effects of Pornography, Sexual Addiction & Betrayal Trauma

Event Schedule

Sat, Sep 09, 2023

8:30 AM

Attendee Registration & Check-in

🕒 8:30 AM - 8:55 AM, Sep 9

9:00 AM

Welcome to the S.A. Lifeline Conference

🕒 9:00 AM - 9:15 AM, Sep 9

📍 Main Stage

👤 Speaker



Rhyll & Steven Croshaw

Co-founders, S.A. Lifeline
S.A. Lifeline

9:15 AM

Introduction: Come Heal With Us

🕒 9:15 AM - 9:40 AM, Sep 9

📍 Main Stage

👤 Speaker



Tara McCausland

Executive Director
S.A. Lifeline Foundation

9:40 AM

Treading Boldly Through a Pornographic World: A Field Guide for Parents, Faith/Community Leaders (CEU Approved)

🕒 9:40 AM - 10:40 AM, Sep 9

📍 Main Stage

🔑 Keynote 1

People of faith and goodwill no longer have a meaningful choice about whether or not they will participate in a pornographic society. The sad truth is that all of us ARE living in a pornofied world and we are ALL impacted by it. However, we all have a choice about HOW we live in such a culture. Rather than get angry or retreat into fear and control, we have the option of boldly confronting the sexual challenges of this age: in our own lives and in our families, churches, and the larger community. Further, our own sexual brokenness need not remain an obstacle to pursuing and sharing a healthier vision of sex, but can become the strongest part of our story. This presentation is designed to help each of us reclaim our unique part of an amazing story of beauty and redemption the world needs (and secretly wants) to hear.

👤 Speaker



Daniel Weiss

President
Sexual Integrity Leaders

10:50 AM

We Need a Tribe and an Army (CEU Approved)

🕒 10:50 AM - 11:50 AM, Sep 9

📍 Main Stage

Keynote 2

Join Lyschel Burket as she shares her personal journey of finding her tribe and her army. Community is a vital part of any persons healing and recovery. As a betrayed wife, Lyschel spent years seeking others who "just got it". She hopes to invite you to find your community as a leader and a person healing from the impact of trauma and addiction.

🗣️ Speaker



Lyschel Burket

Executive Director
Hope Redefined

12:00 PM

Lunch & Vendor Time

🕒 12:00 PM - 12:55 PM, Sep 9

Lunch & Vendor ...

1:00 PM

Trauma, Recovery & the 12 Steps (CEU Approved)

🕒 1:00 PM - 1:50 PM, Sep 9

📍 Main Stage

Breakout Sessi...

To understand how the mind/body system reacts to trauma is helpful when navigating recovery and healing. This presentation addresses how the nervous system gets stuck when we experience events that are too big to hold or when there is too much stress for a long period of time. You will learn some tools and skills to help navigate and regulate the nervous system so recovery and healing can be achieved. After the presentation you will be able to understand in a different way why 12 step meetings help with recovery and healing.

🗣️ Speaker



Todd Olson

LCSW, Founder of Circles of Grace & Co-Founder of LifeStar Network
Circles of Grace

Creating and Holding Effective Boundaries

🕒 1:00 PM - 1:50 PM, Sep 9

📍 Upstairs

Breakout Sessi...

Does setting boundaries seem overwhelming and sometimes scary? If so, you are not alone. In this interactive presentation, Kahi Winget breaks down what a boundary is and what a boundary isn't. She explains the need for safety and the need for boundaries, especially when a loved one struggles with sexual addiction. Come learn about boundaries. Come heal with Kahi.

🗣️ Speaker



Kahi Winget

Women's 12 Step Director
SA Lifeline

Treading Boldly with Our Kids: A Conversation with Parents

🕒 1:00 PM - 1:50 PM, Sep 9

📍 Upstairs

Breakout Sessi...

In this workshop, Daniel Weiss offers practical and spiritual guidance for parents seeking to help their teens navigate the pornographic digital landscape. Combining the latest research with personal and professional experience, Weiss will outline the steps necessary for parents to move beyond merely surviving pornography's challenges onto a rewarding path where their children can truly thrive. This workshop will involve audience participation and plenty of time for Q&A.

🗣️ Speaker



Daniel Weiss

President
Sexual Integrity Leaders

2:00 PM

How To Be a Trauma-Informed Religious Community

🕒 2:00 PM - 2:50 PM, Sep 9

📍 Upstairs

Breakout Sessi...

It is said that the trauma of this world is one of the primary mission fields of the twenty-first century. How do we become a body of believers who know how to care for others in this mission field? Being trauma-informed is vital for any role you play in the church. From lead pastors to nursery workers, we need to understand what our community is walking through the doors with. Join Lyschel Burket as she shares what it means to be trauma-informed and how to care for those navigating trauma.

🗣️ Speaker



Lyschel Burket

Executive Director
Hope Redefined

Why the Way We See Pornography Struggles Shapes Whether We Find Freedom (CEU approved)

🕒 2:00 PM - 2:50 PM, Sep 9

📍 Upstairs

Breakout Sessi...

Recent years have witnessed more debates and confusion about the nature of sexual and pornography addiction. Defying all the available evidence, some pretend these are not "real" addictions, arguing that to suggest otherwise is somehow "shaming." Others speak about pornography as a "bad habit" like overeating, while still others insist any pornography use within a committed relationship is akin to an "affair." Why does any of this matter? Because every one of these claims has real-life, practical consequences in the lives of men and women facing sexually-compulsive patterns - and those who love them. And appraising clearly and fully what we are all facing collectively is central to overcoming and finding lasting freedom together.

🗣️ Speaker



Jacob Hess

P.h.D. Community Psychology, Deseret News Contributing Editor

TEDx Style Personal Stories of Recovery

🕒 2:00 PM - 2:50 PM, Sep 9

📍 Main Stage

Breakout Sessi...

Hear TED style talks from 4 individuals working their recovery from the effects of sexual addiction and betrayal trauma.

🗣️ **Speaker**



Four SAL 12 Step Participants
SAL 12 Step

3:00 PM

Q&A Panel w/ Presenters

🕒 3:00 PM - 3:50 PM, Sep 9

📍 Main Stage

Q&A Pan...

Come ask your questions of our panel of experts and presenters.

🗣️ **Moderator**



Tara McCausland
Executive Director
S.A. Lifeline Foundation

3:50 PM

Wrap Up: Moving Forward on Your Recovery Journey & Reading of the Serenity Prayer

🕒 3:50 PM - 4:00 PM, Sep 9

📍 Main Stage